

## Session 11: Christlike Behaviour part 2

(First Pause)

Answer the following questions:

*What do people often get wrong about Christian behaviour?*

*Which external habits in your life show evidence of Christ's work in you?*

(Second Pause)

Read Proverbs 4:20-27 and Galatians 5:16-17

*What influences most shape your behaviour?*

*What might it practically look like for you to guard your heart this week?*

*How does seeing your life as a battle change your expectations?*

*In what ways does the flesh try to shape your outward behaviour?*

(Third Pause)

Read Colossians 3:1–17

The Means of Grace	
The Word	Scripture realigns your thinking and corrects outward behaviours that drift.
Prayer	Prayer draws you into dependence on God, shaping how you respond to situations externally.
The Church	Community corrects, encourages, models, and supports Christlike action.
Ordinances	Baptism and the Lord's Supper deepen assurance, which fuels confident living.

*What earthly things most easily pull your focus away from Christ?*

*How does fixing your eyes on Jesus change how you behave daily?*



*Which means of grace most helps your behaviour align with Christ's ways? How might neglecting these practices weaken your outward life?*

(Fourth Pause)

*Where do you sense Christ is most being formed in you?*

*Where do you long for His character to be more fully expressed outwardly?*

(Final Section)

“The flow of this session:”

1. You guard your heart → because your behaviour flows from it.
2. You face the battle → because the flesh and Spirit shape that behaviour from within.
3. You fix your eyes on Christ → because your direction determines your actions.
4. You practice the means of grace → because they strengthen and sustain your gaze.
5. You pursue the goal → Christ formed in you, visible to the world

*Which part of the journey, from heart to behaviour, most challenges you?*

*What outward habit or action do you sense God wants to reshape first?*

Questions for further reflection (time allowing):

*What truth from today most needs to shape your behaviour this week?*

*Which outward action is the Spirit inviting you to bring into alignment with Christ?*

*What small, practical step can you take to fix your eyes on Jesus more consistently each day?*