

Session 10: Christlike Behaviour part 1

(First Pause)

Answer the following questions:

When you hear the phrase “Christlike character,” what comes to mind?

Answers may vary

Why do you think Christians often focus more on outward behaviours than inward transformation?

Correcting (or even faking) one’s outward behaviour is much easier than changing their own personality

(Second Pause)

Read Galatians 5:16–25:

Why does it matter that Paul calls it “fruit,” not “fruits”? What is the difference between natural niceness and Spirit-produced character?

These characteristics are not individual, but are all outworkings of a singular transformative process.

Which aspects of the fruit come most naturally to you? Which feel most “unnatural” for you?

Answers may vary

(Third Pause)

Read Ezekiel 36:26–27, John 15:1-17 and Romans 7:14-25

Where do you see the weakness of the flesh in your daily life?

Answers may vary

What does it practically mean to abide in Christ? How does this union with Christ give you confidence in your spiritual growth?

Meditating on the Word of God, Prayer, Spending time in fellowship with the wider body of Christ (the church), Biblical ordinances (Baptism and the Lord’s Supper)

If each fruit of the Spirit is love taking a different form, which expression of love do you most need to grow in right now, and what might that look like in your daily life?

Answers may vary

How does each part reflect the character of Jesus?

Jesus demonstrated each of these traits through his earthly ministry – feel free to try and find some examples

The Fruit of the Spirit

LOVE	JOY	PEACE
Self-giving, self-sacrificing affection	Delight in God regardless of circumstance (Love Dancing)	Settled confidence in God's care (Love Resting)
PATIENCE	KINDNESS	GOODNESS
Endurance without resentment (Love Waiting)	Graciousness flowing from God's kindness (Love Doing)	Moral integrity and purity (Love Producing)
FAITHFULNESS	GENTLENESS	SELF-CONTROL
Reliability grounded in God's faithfulness (Love Unrelenting)	Strength under control (Love Caring)	Spirit-empowered mastery over desires (Love Deliberately Choosing)

(Final Section)

Answer the following questions:

What's one new insight you gained about the Fruit of the Spirit?

Answers may vary

Where do you see evidence of the Spirit's work in your life already?

Answers may vary

What's one area you want to surrender to God's transforming grace this week

Answers may vary

Questions for further reflection (time allowing):

Why must we be on guard against falling into legalism or passivity?

Legalism is trying to rigidly hold to every standard by our own power, while passivity is just assuming change will happen without us trying

How does knowing your dependence on the Spirit free you from both pride and despair?

Answers may vary

Why is it important to know that we cannot produce Christlike character by ourselves?

Trying to change without the aid of the spirit will not work

How does understanding the Spirit's role shape your expectations for spiritual growth?

Answers may vary